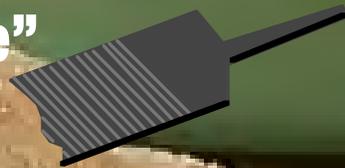


MARTHA
STEWART

JAILHOUSE Living

1st ANNUAL CELL DECORATING ISSUE
concrete block . . . it's not just for basements anymore

“rasp”berry pie
from martha’s personal recipe “file”
the secret’s in the special “filing”

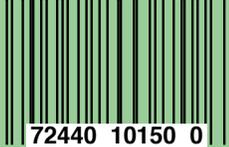


jail.....
it's not a “good” thing

stock watch

K Mart....	\$2.37	down	\$27.47
ImClone....	\$0.36	down	\$69.33
M S Living....	\$1.13	down	\$74.22

AUGUST 2002



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INSIDE THIS EDITION



LET MARTHA, PUMP..... YOU UP!
With lots of free time & unlimited use
of the prison weight room, Martha gets
ripped, you can too. pages.....36, 24, 36

EXCLUSIVE PREVIEW OF MARTHA'S NEW BOOK

“Serving 6 to 8 While Doing 6 to 8”. Serving 6 to 8 has
new meaning to Martha these days, read about her
tantalizing “Big House” meal ideas. Details on pages 6-8
Available for \$139.95 at www.insidertrading.com



MARTHA'S SECRET LIFE.....
Read about Martha's wild days as
“Paprika” one of the original Spice
Girls. page.....19

a very martha day

a day in the life of martha stewart
well, actually just a morning

December 27, 2001

Dear Readers:

This perfectly delightful note is being written to tell you what I've been up to. I'm writing it on paper I made myself. The ink was made from oil I recycled yesterday when I changed the oil in the Escalade. The pen I'm writing with was made from a goose quill that I had left over after making some new down pillows. It snowed 15 inches last night so I got up extra early to shovel the driveway & make a 6 person sleigh with barn wood left over from the new barn I built last week. I put the sleigh together with a glue gun & I hand painted it in gold leaf. After that I got out my old loom and made a woolen blanket in subtle hues of peach and mauve. I would have finished sooner but I ran short on wool & had to shear 3 more sheep, wash & dye the wool & spin it into yarn. Then to make the sleigh complete, I made a team of white horses to pull the sleigh from some DNA that I had just sitting around in the craft room. That's one of the benefits of keeping everything labeled & never throwing anything away, you never know when something will come in handy for a future craft project.

By then, it was time to start making the place mats & napkins for my twenty breakfast guests that were on their way. I'm serving the old standby Stewart twelve-course breakfast, but I'll let you in on a little secret: I didn't have time to make the tables and chairs this morning, so I used the ones I made last month. Before I moved the table into the dining room, I decided to freshen the room up so I repainted the walls in pinks, sanded & refinished the antique long leaf heart pine floors & stenciled gold stars on the ceiling. Then, while the homemade bread was rising, I made some beeswax candles in my antique candle molds and fired up the potter's wheel to make some dishes (exactly the same shade of pink as the walls) to use for breakfast. These were made from Hungarian clay, which you can get at any good Hungarian craft store.

Well I'm back, I had to answer the phone. It was some assistant stock broker at Merrill Lynch rambling on & on about the SEC or something. I told him I wasn't the least bit interested in college football & to not bother me any more at home. I guess he wanted me to go in on their office pool or a donation or something. I told him "whatever my good friend Sam Waksal at ImClone is doing, I'll do that too."

Well, I must run. I haven't killed or cleaned the pheasants yet plus I need to finish the button holes on the dress I'm wearing for breakfast. I'll get out the new sleigh & drive this note to the post office as soon as the glue dries on the envelope I'll be making. Hope my breakfast guests don't stay too long, I have 43,256 cranberries to string with bay leaves before my speaking engagement at noon.

It's a good thing.

Love, Martha Stewart

P.S. When I made the ribbon for this typewriter, I used 1/8-inch gold gauze. I soaked the gauze in a mixture of white grapes and blackberries which I grew, picked & crushed last week when I had some spare time.

this is the first of a new monthly feature "the best of martha"
reprints of her most popular articles from past issues

martha answers your questions

answers to queries about cell & home



THE INSIDER SCOOP

TEXTURALLY SPEAKING

Dear Martha: My new cell mate is driving me crazy. She made macramé Roman shades using bandage gauze & dental floss she swiped from her job in the prison infirmary. I've tried to explain that the fine texture of the gauze is too delicate to provide adequate counterpoint against the subtle misty gray texture of the

concrete walls in our cell. We've agreed to abide by your decision. PS, two packs of camels are riding on this. --
Texturally Confused in D Block

Dear Tex Con: Smoke 'em if you got 'em dear. I'm with you on this one. Mixing two similar textures is a definite cell decorating don't. However, if she could score some grow grain ribbon from the prison laundry & baste it on as a decorative border, I think you will be able to salvage the shades. Go to the laundry & ask for "Squeaky", tell her "Big Mamma" sent you & she'll hook you up.

PS, I recently saw some pillow shams that a con over in "the hole" made out of dryer lint she'd been collecting for 17 years from the prison laundry. The multihued palette & the finely grained texture was definitely "a good thing." It made the whole cell.

ILL IN ILLINOIS

Dear Martha: I'm here in the white collar crimes section of Joliet & I have a most distressing problem. Chef Antoine insists on serving us Pate de Foie Gras with no marmalade sauce & it's driving me up the bars. I can do a ten spot standing on my head but if I have to eat this swill for the next 9 years I'll just die. Please Help! --**Gastronomically Challenged**

Dear Gastro: My heart goes out to you dear. I once had the Pate at the Antigua Hilton & they too serve it sans marmalade. What's up with that? It might as well be a W. C. slider, yuck! Next time, ask Chef Antoine to prepare his famous Pieds de Cochon et Haricots Verts or his Croutons de Foi Blond with vinegar sauce & port poached pears. The Cochon is impeccable, light without being fluffy. It perfectly compliments the tiny slices of

toasted bread he serves with it.

Give Antoine my regards & tell the knuckle head I said, "Hey, Antoine, the Pate' de Foie Gras serves with marmalade or else I'll tell everyone what your "secret" ingredient is in the Daube de Boeuf, meooow, 'nuff said."

TIME MANAGEMENT

Dear Martha: You'd think as a lifer that I'd have plenty of time on my hands but I just can't get organized. It seems that before I know it another year is gone by & I've gotten nothing done. Can you help?

Dear Timeless: Even in prison, time management is the key to an efficient & productive day. I've found that making a to-do list, on hand made paper, helps me manage my time more effectively. Here's a sample of my own to-do list from yesterday.

- Tap into power circuit running to "Old Sparky" to power new under bunk halogen lighting.
- Clean toilet/sink/drinking fountain (note to self: a fig leaf moistened with vinegar works nicely).
- Work out the value of Pi to as many digits as humanly possible. Because I just have to know
- Reread "SEC Rules & Regulations for Directors" booklet (note to self: take notes this time.)

• Co-author coffee-table book on prison relationships with new best friend "Big Sal."

- Make canapé cutters from discarded toilet paper tubes.
- Hack into that know it all, Bob Villa's web site. Replace error messages with "Server Out of Nails", "Fatal Lumber Crash" & "Martha Rules Villa Drools."

• Harvest mushrooms in the showers. Pickle the best one & put in decorative Yahoo bottles with raffia ties for cell warming gifts.

• Begin making Christmas wreaths from scraps smuggled out of license plate shop.

• Pitch HGTV a weekly show about a zany felon who decorates small spaces on a limited budget.

• Send rat poison laced truffles to Peter Bacanovic at Merrill Lynch.

MARTHA BY EMAIL
If any readers would like to contact Martha while she's on the "inside" you can do so at: martha@folsom/dblock.gov

CONTINUING EDUCATION SIGN UPS IN THE 2nd TIER DELOUSING STATION IMMEDIATELY FOLLOWING MORNING HEAD COUNT

CLASS TOPIC:

"Cell Decorating On A Budget"

Learn dozens of cute ideas, each for under a carton

early detection = hope for a cure

watch for these early warning signs
so you don't end up like poor martha

EARLY SIGNS OF MARTHA'S DISEASE

You have an obsession with hanging swags of brightly colored fabric from curtain rods.

Your house is decorated with plaster gremlins & angels.

Every shoe box & empty tin can in the house has been decoupled with flowers cut from hand made gift wrap.

You use a gold ink pen to sign all your cards & to leave little notes to yourself around the house.

You have glass jars filled with dried rose petals everywhere.

There are pots & pots of herbs on your windowsill, & each herb is painstakingly labeled, along with a hand-drawn picture.

You've made a doormat with a sunflower design on it out of old Perrier bottle-caps.

If given the choice, you would rather visit The Home Depot than be taken out for dinner.

DEFINITE SYMPTOMS OF MARTHA'S DISEASE

You polish every lettuce leaf with bleached linen cloth until each one shines like a freshly waxed terrazo floor.

You save snowballs from last winter in your Sub-Zero, just in case you need to create an ice sculpture centerpiece.

You tie-dyed all your cotton T-shirts with dyes you made from vegetables grown in your own garden.

Your hedges are pruned to resemble famous architects.

Your salads consist mainly of nasturtiums and pansies.

Every chunk on your cheese tray comes with an ivory toothpick & a little flag upon which is clearly labeled the cheese's country of origin.

You hoard cookie cutters in all sizes, shapes & colors in a kitchen drawer but nobody is allowed to touch them

You put rouge on your children's cheeks so they'll look all fresh & rosy and apple-cheeked when company comes over (not that anyone is actually allowed to come over.)

ACUTE CASE OF MARTHA'S DISEASE

All of the grass in your yard is braided.

You serve appetizers in real bird's nest you found in a nearby forest.

You make your own Jell-o from calves' hooves rather than buy the tacky powdered stuff.

You decorate cakes with pieces of ceramic, bundles of chiffon, buttons, marbles & other inedible stuff because, "it looks so pretty."

Each & every flower in the back yard is wrapped in raffia & sports a shiny red silk bow.

You serve wine in hand painted conch shells.

You've smeared your walls with yogurt so that, over time, a natural-looking celedon mold will grow, giving your home the fashionably distressed look of a Greek temple.

You dress all of your children, boys & girls, in white chiffon dresses & straw fedoras with white satin ribbons.

Every night on your hobby farm, you spend hours putting the wool on your sheep in hot rollers so they'll look more fluffy & glamorous than the neighbor's.

You sleep outside the house, in a tent, so that you don't spoil your perfectly made bed.

THE CURE

Remedy No. 1: Tie the afflicted woman in a chair & brace her head with slabs of Bubinga burl plywood so that she is unable to move her head. Force her to look at a painting of 5 dogs playing poker for 1 hour the 1st day, 2 hours the 2nd day, 3 hours the 3rd day & so on

Remedy No. 2: Buy her a one-way ticket to Bosnia, Bangladesh or any other 3rd world country so she can appreciate the real meaning of "lifestyle."

Coming next month.....
Just because you're doing hard time
doesn't mean you can't enjoy the soft
life. Martha's Jail House Recipes:
Spam Tar-Tar
Vienna Sausages on The Half Shell
P B & J Under Glass
Crepes "Joliet" ala The Big House
Ratatouille (w/ real rats)

don't blame me, I'm in prison

door mat no more, martha speaks up
and silences her critics

In light of recent "unpleasantness" regarding Martha's financial affairs, she has become an easy target to blame for everything from the Lindbergh kidnapping to losing the election for Al Gore. This is not the first time Martha has been harassed by an envious, vindictive press. In a preemptive strike, Martha takes the offensive to squelch some of these lingering rumors before they are trumped up into another media circus.



For the record, Martha, at no time, served as a White House intern during the Clinton administration. By Martha's own admission, she & Bill are "close personal friends," but Martha has visited the oval office solely to offer

professional services (no, not that kind of profession) for the decorating of Clinton's Little Rock presidential library. According to Martha, Hillary was planning to use hideous avocado nagauhyde & indoor/outdoor carpeting until she stepped in & suggested several nice hand made damask prints & sun bleached sisal carpeting.

Despite persistent rumors, Martha didn't serve as a body double for Madonna during the production of the video for her upcoming "Lots of Talent & Money But Still No Class" album. Despite striking similarities between Martha & the title of Madonna's album, Martha adamantly denies that she filled in for Madonna. When reached for comment Madonna replied, "*@#! you, you %^*@ing #@!hole, bite my @&*."



Public groundswell notwithstanding, Martha denies that she has had any involvement with recent

petition drives to place her likeness on one of the National Park System monuments. Said Martha, "I'm honored at the thought but I don't feel it would be appropriate at this time. Maybe once I'm paroled I'd consider it but till

then, no." Contacted for comment, National Park Service Director, Grant Canyon said, "Martha Stewart my ass, when pigs fly!!!!!!!"



Despite circumstantial evidence to the contrary, Martha denies involvement in a recent rash of counterfeiting episodes

that have plagued most home & fashion retailers that are direct competitors with Martha's own retail outlet, "Kmartha" & her mail order division "Martha From Jail."

Williams Sonoma, Bed Bath & Beyond, Ikea, Bloomingdales, Saks, Macys & Big Lots all reported unexpected losses during the last fiscal quarter & attribute the down turn to the unusually high volume of counterfeit bills being taken in. Williams Sonoma alone recently revised it's 3rd quarter earnings report down by 27% to account for the losses. Big Lots reported same store sales off by 42% when factoring in the counterfeit bills.

"It's the weirdest thing I've ever seen," remarked B B & B's CEO Bob Pillowsham who spoke at a recent stockholders meeting. Said Pillowsham, "On the surface, the bills seem absolutely perfect, They're amazing, in fact they almost appear too perfect, it's like they're too good to be true. You know they can't be what they seem but you're kind of mesmerized by them, so you accept them at face value. It's only when you really start to examine them very carefully that something starts to smell."

Federal Reserve Board Chairman Allen Greenspan is reportedly hurrying back from his Texas vacation to address the situation which many Wall Street analysts fear could destabilize the global economy.

When reached for comment during regular Wednesday visiting day at Attica State Prison, Martha Stewart replied, "Hey, I'm in freaking jail here. It's not like I'm Al Capone or something directing some vast empire of zombied, overzealous, jackbooted, goose-stepping fashion nazi followers who worship my every thought or word. Well, OK, so it is exactly like that but I still had nothing to do with these bogus bills. I mean come on, if I was making them they'd be a lovely celedon green & come individually rolled with a nice raffia tie."

persistence pays off

never one to let something go,
when martha sets her mind to something.....



Top Ten Signs You're Being Stalked By Martha

10. You get a threatening note made up of letters cut from a magazine with pinking shears, & they are all the same size, same font & precisely lined up in razor-sharp rows.
9. That tell-tell lemon slice & sprig of parsley in the dog's water & food bowls.
8. On her TV show she makes a gingerbread house that looks exactly like your split-level, right down to the fallen-over licorice down spout & the stuck half-open graham cracker garage door.
7. You find your pet bunny on the stove in an exquisite tarragon, rose petal & saffron demi-glace, with pecan encrusted hearts of palm & a delicate mint-fennel sauce.
6. The unmistakable aroma of potpourri follows you even after you leave the bathroom, the kitchen, the garage.....
5. You discover that every napkin in the entire house has been folded into a swan.
4. No matter when or where you eat, your place setting always includes an oyster fork.
3. Twice this week you've been the victim of a drive-by doilying.
2. You wake up in the hospital with a concussion & endive stuffing in every orifice.
1. You awaken abruptly one morning to find a hot melt glue gun pointed squarely at your crotch.

SPECIAL LIFER EDITION

Check out next months special edition chocked full of Martha's helpful hints like:

Make lovely Origami out of old ImClone stock certificates.

Make potpourri from objects found in your escape tunnel.

Bake soufflés with only 7 books of matches

Plus many other completely useless hints that only Martha does so well.....

party planning checklist

Get rid of all mice, rats & cockroaches, including pets, before the first guest arrives. Although they're adorable & make excellent companions, they can be a real distraction at a formal affair. Remember, as the hostess, you should be the center of attention for the entire evening.

Always check with the screws so you can plan your event at a time when you're sure "Old Sparky" won't be in use. Sudden brownouts can be a real downer to the otherwise festive air.

Prearrange with your neighbors in the next cell for the use of their powder room facilities during your party. This way yours will be available at all times to keep the hor'dourves & drinks properly chilled. As a thank you, be sure to send a hand written note & at least 3 packs of smokes.

Take extra time planning the seating arrangements. A misplaced name card or two & you could have a member of the Ya Ya Sisterhood seated next to a Diablo or a Crip & before you know it you've got a full scale riot on your hands. No party that ends with most of the attendees in "the cooler" or the infirmary can be considered a success.



REAL ESTATE

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QUICK!!!!
No Reasonable Offer Refused.**

57 ROOM SOUTH HAMPTON
summer cottage on 930 secluded waterfront acres. Private dock with berth for 95' yachts. Fabulous gardens w/ excessive landscaping installed by anal retentive gardener.

3 room servant quarters capable of housing staff of 25 (sure they'll gripe about it at first but they get used to it. In the 3rd world countries they come from they're used to that kinda stuff.)

State of the art security system including satellite based anti personnel lasers, 50,000 watt electrified razor wire perimeter fencing, 275 security cameras & heat sensing land mines. **CAUTION!!!** New owner must assume liability for any future judgments from pending litigation over unfortunate "accident" involving 6 year old neighbor child & puppy.

Asking price.....\$27,500,000.25
Call 1-800 TOO-RICH to arrange viewing. No collect calls accepted.

42,000 SF LUXURY co-op townhouse on Park Avenue. Overlooks Plaza Hotel & Central Park South.

Close to haute couture shopping, Broadway & most major Wall Street brokerage houses. Completely renovated by current owner (7 times in past 3 years).

Current owner planning extended trip abroad, willing to discuss possible trade for private island getaway in international waters or in country with no extradition treaty with US.

Asking price.....\$19,250,000.74
Call 1-800 SKIP-BAIL for viewing.
PLEASE CALL VERY SOON!!!!!!

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MEDIA MOGUL WANNA BE?
Here's your chance. Complete state of the art multimedia television, film & print publishing empire for sale. Comes complete with full professional staff already spirit broken & accustomed to tyrannical, obsessive/compulsive, manipulative, dictatorial, knit-picky, egomaniacal, perfectionist CEO. Business practically runs itself.

Highly profitable business. Current owner salary of \$12,000,000/year plus stock options & perks. Owner selling to spend extended time at government run "retreat." Complete books & all financial records available for review (except for past 6 months, an unexplained fire destroyed those next week.)

Asking\$463,000,000.32
Call 1-800 GET-RICH

PERSONAL PROPERTY



Practically perfect in every way, almost new 26" 14hp MS brand chain saw. Perfect for any craft project, fabric cutting or pruning roses. Complete w/ floral chintz carrying case, sterling silver oil can & 17 hour instructional video.

Owner willing to trade for high strength steel cutting torch or 20 pound sledge hammer.
Call 1-800 JAIL-BIRD



Perfect for parties. Doubles as a hostess hat & party platter. Your guests will love them. So will the dog.

Call 1-800 PIE-HATS
Previously owned riding lawn mower. Complete with hand tooled, aniline died Spinneybeck leather seat & coordinating quilted chiffon grass clipping bag. Owner must sell, moving to "big house" with no yard (at least not one with grass in it.)
Call 1-800 MOW-BETR

MOVING SALE

OWNER MOVING to much smaller quarters, everything must go.

World class art collection including (12) Monets, (6) Rembrandts, (8) Van Goghs & (1) Dogs Playing Poker.

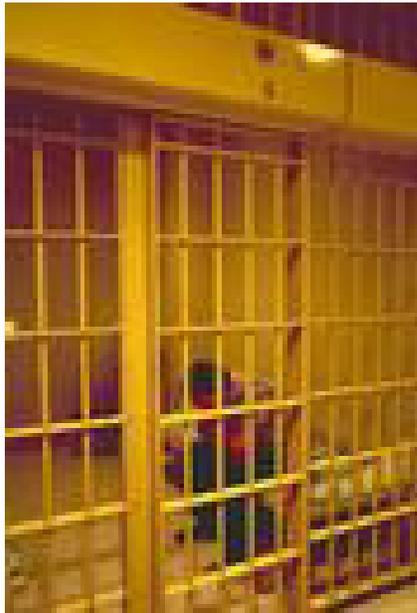
(37) tractor trailer loads of craft supplies & completed projects fashioned by home owner. Each individually wrapped in hand made tissue paper & hand labeled with completion date, materials used, cost, amount of time to complete & which servant actually did all the work.

(156) complete place settings of circa 1632 Staffordshire bone china. Perfect touch for entertaining your most intimate personal friends. **NEVER USED!!!!!!**

Buyers must pre qualify before the sale by completing application, background check & submitting proof of membership in DAR, Mayflower Descendants Association & the Social Registry of The Hamptons. Date to be determined depending on outcome of Senate investigation.
For Info Call 1-800 BUY-STUFF

martha says:

I prefer No-Way-Out® brand cell bars. They're hand made from only the finest extra virgin case hardened high carbon steel & the workmanship & attention to detail is definitely a good thing. Available in several decorator hues. I wouldn't do time behind any other bars. Ask for them by name. Available at finer jail & prison furnishings retailers everywhere.



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